

# THE RIDGEWOOD YMCA'S

## 7th Grade Initiative Opportunity\*

\*Effective beginning December 3, 2017

**Be a part of something BIG this year,  
inviting YOU to join the Ridgewood YMCA!**

Ridgewood YMCA Teen Triangle membership (a \$330 value) is now complimentary to 7th graders! The Ridgewood Y wants to support and encourage teens to develop lifelong healthy habits and a sense of independence.

### **Seventh graders will enjoy these membership benefits:**

Strength & Conditioning gym, basketball court, family swim times, group exercise classes, Teen Leaders club, reduced rates on music, art, STEM, cooking and sports classes, volunteer opportunities and more!

The Y offers a fun, safe place where teens will find opportunities to cultivate values, develop new skills and relationships that lead to positive behaviors, better health and educational achievement.

\*not a school sponsored event

**Teen membership cost: FREE**

**Experiences: Priceless**

**Easy Registration:**

**[ridgewoodymca.org/membership/7th-grade-initiative](http://ridgewoodymca.org/membership/7th-grade-initiative)**



Any questions regarding membership at the Y please call 201.444.5600 x375 or e-mail Megan Heller at [mheller@ridgewoodymca.org](mailto:mheller@ridgewoodymca.org).

Membership valid from join date through August 31

**[www.ridgewoodymca.org](http://www.ridgewoodymca.org)**