



HSA President Heidi Ryan

The HSA's 2018-2019 platform aligns with GR School District's goals: "to support initiatives that enhance the safety, health and well-being of our staff and students, thus enabling every student to achieve their fullest potential as a lifetime learner." The HSA supports GRMS and HS in achieving their goals related to health and well-being of staff and students, promoting **Community, Empowerment, Mindfulness and Gratitude** through our program funding, sponsorship of activities and fundraising.

Thankful Leaves – November 2018

This was a way to help foster an atmosphere of gratitude and kindness at school by showing appreciation for a particular MS/HS teacher, coach, administrator, parent, student, advisor, custodian etc. with a Thankful Leaf! The leaves, which all started with, "I'm Thankful For..." were displayed in the hallway leading to the cafeteria. Many students were taking time to stop in the hall and read the leaves. "This little bit of niceness in their day is the type of health and well-being benefit that the HSA pledged to focus on this year," said HSA President Heidi Ryan. "In that regard, it was a worthy endeavor. Thank you to all who participated!"



"Super-Secret Pre-Winter-Break Surprise" –

December 2018

In support of providing an uplifting health-and-well-being benefit to staff and students in a show of appreciation, a team of upbeat volunteers (despite the rain) - headed by Jackie Pappas, HSA executive board secretary, greeted students at the doors the morning of the pre-winter break half-day with POPCORN! They not only created surprise, but positive feelings as well. Our aim was to make our kids' (half) day at school better," said HSA President Heidi Ryan. "These kids and teachers lived through the contract stalemate and deserved a little lift."



From left: Andrea Potto, Jackie Pappas (chair), Jen Scherer, Lynn Kassoy, Stasha Vicinanza

Health/Well-Being activities *(continued)*

Springtime Surprise: “With Ice Cream, Anything's Popsicle”

May 6, 2019

In support of providing an uplifting health-and-well-being benefit to staff and students in a show of appreciation, a team of upbeat volunteers - headed by Heidi Ryan, HSA President, will be stationed outside the Hamilton Circle entrance, the Harristown MS entrance and the Auditorium entrance to surprise students exiting the building with a treat and thanking them for a job well done so far this year.



A Little Treat to Help Students Coast to a Sweet Finish this School Year!

Teacher Feature – Launch: January 2019

To promote a closer bond of understanding, parents and other district citizens will get to know (a little bit better) two of our schools' incredible teachers - one from the MS and one from the HS - through [a brief Q & A and photo posted each month on GRChips.com](#). Our debut feature showcased Leah Wallace (HS Math) and Michael Valentino (MS 6th Grade Science). We're now interviewing our May teachers!



Teacher Appreciation – a surprise in the mailboxes –

Launch: January 2019

In support of providing staff with an uplifting boost, HSA Executive Board member Sandi Stern and a team of vivacious volunteers –Michele Sapoff, Julie Weber and Julie Sullivan – have left a small but positive reminder in everyone's mailbox. Gestures of appreciation and support are ongoing – something different every month!



April Seeds of Knowledge



March Pot o' Gold Choc. Coins



February Valentine's Day



January Pen, sweets and a note